

Office Use Only

ID # _____
Consent _____
Pre Test _____
Post Test _____
Survey _____
BASC Taken _____
Other _____



Please fill out the following information.

Age: _____ School: _____

Teacher _____

Please tell us about yourself. Put an **X** the box that best describes you.

Male (Boy)

Female (Girl)

Please tell us about yourself. Put an **X** the box that best describes you

African American

Asian American

Caucasian (White)

Hispanic

Other

Please answer the following questions by circling the letter next to the best answer.



1. Self-esteem is how I feel about _____.

a.) others.

b.) my teachers.

c.) no one.

d.) myself.

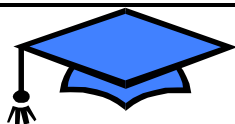
2.



I know a person will be a good friend if _____.

- a.) they yell at me a lot.
 - b.) they say bad things about me.
 - c.) they listen to me when I am feeling good and bad about myself.
 - d.) they run away when I get close to them.
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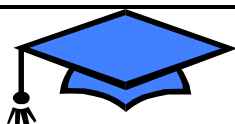
3.



If I do not feel good about myself, I can _____.

- a.) keep it bottled up inside.
 - b.) talk to a parent, teacher, counselor, or trusted adult.
 - c.) get angry and hit someone.
 - d.) take a pill to make myself feel better.
-

4.



If I have high self-esteem, I will _____.

- a.) have a positive attitude.
 - b.) have a negative attitude.
 - c.) do poorly in school.
 - d.) feel sad.
-

5.



My personal information includes _____.

- a.) my name, address, and phone number.
 - b.) my grandmother's birthday.
 - c.) my favorite foods and video games.
 - d.) my friend's name.
-

6.



What can I do if someone I do not know sends me a message on my computer asking me to meet them at the park?

- a.) I can have a friend go with me to the park.
 - b.) I can tell the person sending the message my personal information.
 - c.) I can tell a trusted adult about the message.
 - d.) I can keep it a secret.
-

7.



What is a predator?

- a.) A person who walks by me in the library.
 - b.) A person who uses the internet or computer and who may use it to hurt me.
 - c.) A person who bags my groceries at the store.
 - d.) A person who works at my favorite restaurant.
-

8.



A good way for me to make a friend is to_____.

- a.) get on the internet and go to a chat room.
 - b.) join a gang.
 - c.) give away all my toys so that others will like me.
 - d.) become a member of the school band.
-

9.



If a person I do not know offers me ice cream or a trip to the toy store to persuade me to go with them, what is a safe decision?

- a.) I will quickly tell my parents or a trusted adult.
 - b.) I will keep this a secret and not tell anyone.
 - c.) I will go with the person because I like ice cream.
 - d.) I will get a friend so they can share the ice cream and toys.
-

10.



What can I do to help me understand who is a stranger?

- a.) I can ask my parents or a trusted adult about the person.
 - b.) I can talk to the person.
 - c.) I can talk to the person because they are wearing a uniform.
 - d.) I can talk to the person because I saw the person talking to my parents.
-

11.



An adult may ask me for directions to the nearest gas station. What can I do?

- a.) I can get in the car and point the way to the gas station.
 - b.) I can get my cousin to help.
 - c.) I can run and tell a parent or trusted adult.
 - d.) I can try to forget I was asked for directions.
-

12.



A “stranger” could be _____.

- a.) anyone who wants to harm me.
 - b.) someone who wears nice clothes.
 - c.) my teacher.
 - d.) someone who acts silly.
-

13.



If I am home alone and someone I know and trust comes to the door and says that there is an emergency and that I need to leave with them right now, what can I do?

- a.) I will leave the door closed and call 911.
 - b.) I will leave with the person and try to help with the emergency.
 - c.) I will hide under the bed.
 - d.) I will run to the closest neighbor.
-

14.



Which of the following are some characteristics of a **safe** person?

- a.) Someone whose face I do not know.
 - b.) Someone who I can trust and feel comfortable being around.
 - c.) Someone who acts weird and makes me feel uncomfortable.
 - d.) Someone who makes my stomach or body feel uncomfortable.
-

15.



Which of the following are some characteristics of an **unsafe** person?

- a.) Someone who has helped me do my homework.
 - b.) Someone I can talk to and feel comfortable around.
 - c.) Someone I can trust.
 - d.) Someone who asks me to do things that make me feel uncomfortable.
-

16. ○ ○ ○ ○

When someone I know and love asks me to do something that seems unusual, what can I do?

- a.) I will do what they ask just because I know them.
 - b.) I will tell the person that I must ask my parents first.
 - c.) I will ask them why they want me to do that.
 - d.) I will run to my parents or a trusted adult and tell them.
-

17.



Which of the following is an example of bullying?

- a.) When someone is shoving me or telling me that I am ugly and/or dumb.
 - b.) When someone is telling me, “Thanks for the candy.”
 - c.) When a person is helping me with my homework.
 - d.) When a person obeys the school rules.
-

18.



Whose fault is it if I am being bullied?

- a.) It is my friend’s fault.
 - b.) It is the bully’s fault.
 - c.) It is my fault.
 - d.) It is my teacher’s fault.
-

19.



What can I do if I feel I am being bullied or if someone else is being bullied?

- a.) I can ignore the bully and hope the bully stops and goes away.
 - b.) I can tell my teacher, parent, or a trusted adult.
 - c.) I can let the person continue to bully me or someone else.
 - d.) I can stand up for myself and hit the bully.
-



Which one of the following is an example of bullying?

- a.) When a cousin is helping me with my chores.
 - b.) When a friend says he likes my t-shirt.
 - c.) When my teacher asks me to put away my crayons.
 - d.) When someone teases me or makes fun of my hair.
-



What is my personal space or comfort zone?

- a.) The space between me and another person that makes me feel comfortable.
 - b.) The space that keeps people from getting to know me.
 - c.) The space that is around me when I play basketball.
 - d.) The space that prevents people from stealing from me.
-



What can I do if someone invades my personal space or comfort zone?

- a.) I will move closer to the person.
 - b.) I will not say or do anything.
 - c.) I will yell or scream.
 - d.) I will tell the person how uncomfortable I feel and move away.
-



23.

How can I respect someone's personal space or comfort zone?

- a.) I will pay attention to the other person's gestures.
 - b.) I will pay attention to how the other person dances.
 - c.) I will pay attention to the other person's clothing.
 - d.) I will pay attention to how the other person plays soccer.
-



24.

When it comes to my personal space or my comfort zone, it is best to know _____.

- a.) my favorite story
 - b.) my boundaries.
 - c.) my telephone number and address.
 - d.) my shoe size.
-

Thank you for helping us!! Your information will help **ALL** of us stay **SAFE**.